

A HOW-TO GUIDE FOR THE AMCP P&T COMPETITION

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AMCP

- AMCP stands for the Academy of Managed Care Pharmacy
- Professional pharmacy organization
- “Helping patients get the medications they need at a cost they can afford”
- Advocates for developing and applying evidence-based medication use strategies
- Improve access to medications
- Enhance patient and population health outcomes
- Protect the use of healthcare dollars

WHAT DOES P&T MEAN?

- P&T stands for pharmacy and therapeutics
- A P&T committee is an interdisciplinary team that consists of healthcare professionals such as physicians, mid-level providers, and always at least one pharmacist
- In practice, P&T committees evaluate literature and provide evidence-based recommendations
- Consider efficacy, cost, quality, and access
- Help decide which drugs should be covered by an plan
- The list of drugs covered is called a formulary

WHAT IS THE P&T COMPETITION?

- Held annually by AMCP
- In the competition, teams of four students collaborate to evaluate a recently approved drug
- Must create a monograph, PowerPoint, and answer two discussion questions
- Teams decide if the drug should be included on the formulary, and if so, which tier
- Only one school may submit to the national competition
- If there are multiple teams, a local competition must be held to determine the team that submits to nationals
- Judges score the assignments to determine the top 8 finalists and honorable mention teams

WHY PARTICIPATE?

- Great way to get involved in AMCP
- Improve professional writing, drug information skills, analyzing scientific, clinical, and economic evidence
- Two credit hour elective
- Looks terrific on a resume
- Chance to present at a national meeting
- Potential networking opportunities

WHAT IS IN THE GUIDE?

- How the competition works
- Tips for the P&T chair
- Suggestions for what to include in each section of the monograph
- How to create the PowerPoint
- Information on the discussion questions

WHY CREATE A GUIDE?

- Encourage involvement with students
- Hard to know where to even begin
- Give tips on how to complete the assignments
- Explain the resources provided to teams by AMCP
- Allows students to explore career options outside of the traditional roles of pharmacists

QUESTIONS?

Please feel free to email me at k-stuart@onu.edu with any questions about the guide, or if you need any help with the P&T competition!