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Ohio Northern University Students Trailblaze Innovative Methods of Serving Long Term Care Residents Throughout the COVID-19 Pandemic

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PharmD Candidate 2023

OBJECTIVES:

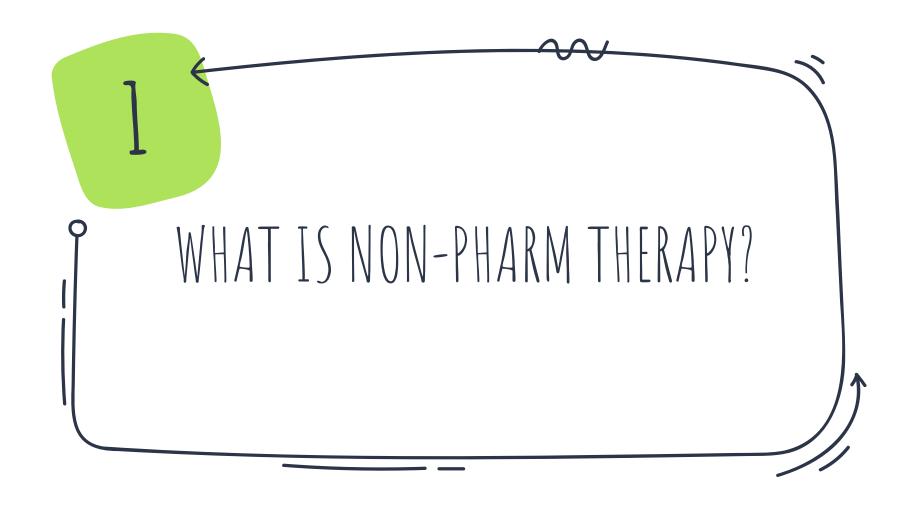
- X Define non-pharmacologic therapy and explain its benefit in older adult patients
- X Explain the role of non-pharm in therapy at Vancrest of Ada
- Describe the different therapy options ONU students developed before, during, and after facility restrictions due to COVID-19
- Outline the ways we are spreading the word



SOME BACKGROUND INFORMATION:

- Pharmacy students have an "outreach" requirement of 50 hours
- X Local long-term care facility: Vancrest of Ada
- Students have partnered with the facility to help students gain outreach hours by interacting with their residents (patients)
- Student pharmacists participate in various activities at Vancrest, including making jewelry, gardening, art, music, etc. to obtain outreach hours
 - X This type of outreach focuses on non-pharmacologic therapy!





PHARMACOLOGI THERAPY:



BENEFITS OF NON-PHARM THERAPY:

- Can have compounding benefit to medication therapy for many different disease states
- Provides a patient additional options for treatment
- X Re-establishes a sense of control for the patient
- X This type of non-pharm provides numerous benefits
 - Combating isolation, especially in the COVID-19 pandemic!



OUTREACH EVENTS!



MARDI GRAS MUSIC PARTY!







SPRING GARDENING!







WINDOW VISITS DURING COVID







HOW TO GAUGE SUCCESS:

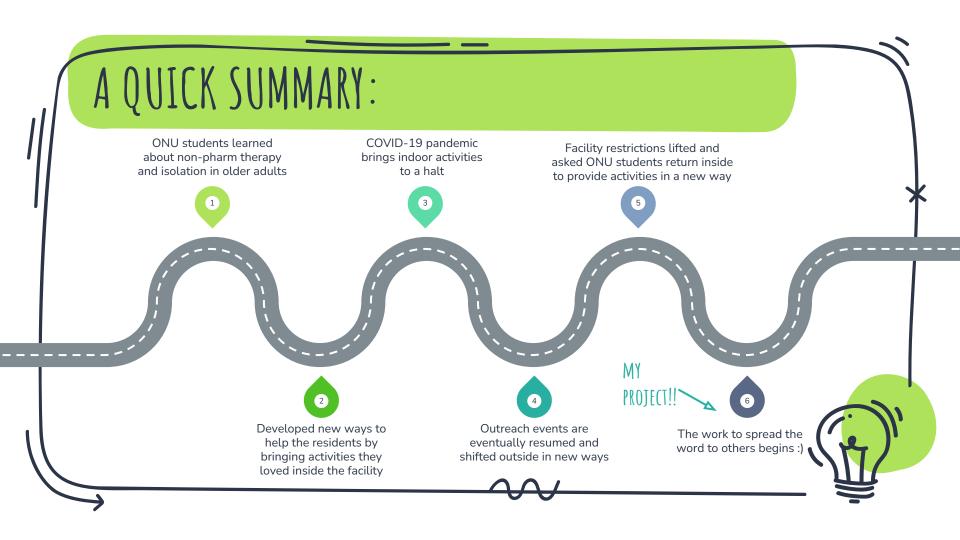




MY HONORS PROJECT!

- Working as an Outreach Chair for ASCP
- X Gathering research to learn more about non-pharm options and how they can work into care at Vancrest
- X Gathering feedback from patients, caregivers, and students to gauge patient outcomes
- X Bringing awareness to non-medication therapies pharmacists/medical professionals can provide
- Writing an article for OPA to share programs in hopes they can be implemented elsewhere





TAKE AWAY POINTS:

- There are so many additional ways healthcare professionals can help patients other than medications
- Simply spending the time to get to know your patients can be very useful in disease state management
- Some of the most rewarding opportunities for students to learn can not be found in a textbook

THANKS!

Any questions?

